

# Jinvani Management College - Tidings



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# International Yoga Day 2024

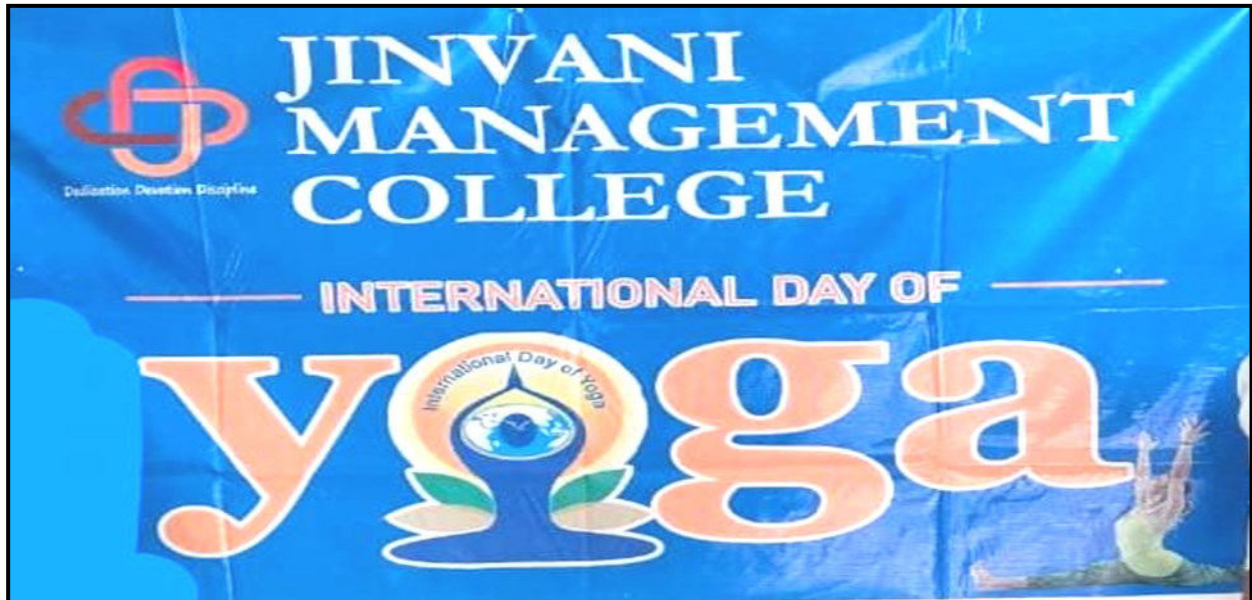


**International Day of Yoga 2024:** International Yoga Day is celebrated annually on June 21. It is a day dedicated to raising awareness about the numerous benefits of practicing yoga and promoting its holistic approach to health and well-being. **Yoga** is an ancient practice that originated in India and has gained worldwide popularity for its physical, mental and spiritual benefits.

## **History and Significance :-**

The history of International Yoga Day dates back to September 2014 when India's Prime Minister, **Narendra Modi**, proposed the idea during his address to the United Nations General Assembly. He emphasized the importance of yoga as a holistic approach to health and well-being and suggested that June 21 should be declared as International Yoga Day. His proposal received overwhelming support from the UN member states, leading to the adoption of June 21 as International Yoga Day by the United Nations General Assembly on December 2014.

The significance of International Yoga Day lies in its ability to bring people from various backgrounds, cultures, and nations together to celebrate and practice yoga. It serves as a platform for individuals and communities to experience the physical and **mental benefits of yoga** and understand its profound impact on personal and societal well-being. Yoga encourages mindfulness, promotes physical fitness, reduces stress, and cultivates a sense of inner peace and harmony.



### **Explanation:**

On 21st June 2024 the International Yoga Day has been celebrated in our college auditorium. The Co-Ordinator of BCA 1<sup>st</sup> Semester Prof. Saurabh Kumar Singh has welcome the students and the participants to the programme and described the importance of the day.



Sri Virendra Kumar Singh resource person for the programme. He has briefly explained the benefits of Yoga in our day to day life and the rules and regulations for doing Yoga.



**Students of JMC doing Yoga on 21st June,2024**



**Students of JMC listening to yoga instructor**



**Students of JMC & Faculties doing yoga**



**Students of JMC & Faculties doing yoga**



**Students of JMC & Faculties doing yoga**



**Students of JMC & Faculties in relax mode**



**Students of JMC & Faculties performing different exercises in yoga**



**Students of JMC & Faculties touching their toe**



**Students of JMC & Faculties touching their feet**

After the inauguration session, Virendra Kumar Singh has started the technical session. In this session he has taught the participants how to do Yoga. He has performed the Yoga in the platform and the students have followed her. Along with Yoga, he has been describing the benefits and ways of doing Yoga .

### **Outcomes:**

The outcomes of this celebration are

1. The participants feel physically and mentally strength after practising Yoga in the technical session
2. The spiritual talks of the Resource Person have changed the thoughts of the participants.

### **Conclusion:**

Many Students and teachers along with office staff have participated in yoga, and they have practiced yoga successfully. After the technical session the resource person has thanked the participants for their active participation in the session and also asks them to practice yoga regularly.

## Plantation Drive

A plantation drive was successfully conducted on 23<sup>rd</sup> July, 2024 at Jinvani Management College, Ara with the aim of promoting environmental sustainability and enhancing the green cover of the area. The goal of the event was to plant 500 saplings, contributing towards a healthier environment and raising awareness about the importance of trees in combating climate change.

### Objectives

The key objectives of this plantation drive were:

1. To plant 500 trees in the community, contributing to the local green cover.
2. To involve the local community and volunteers in the initiative to create a sense of environmental responsibility.

To spread awareness about the benefits of trees, including reducing carbon dioxide levels, providing oxygen, and improving biodiversity.

### 1 Preparation and Planning

In preparation for the plantation drive, several meetings were held to allocate responsibilities and plan logistics. The following steps were taken:

1. **Selection of Site:** The location was carefully chosen based on factors like soil condition, water availability, and accessibility.
2. **Plant Selection:** Species suitable for the local climate and ecology were selected. Emphasis was placed on native species that require minimal maintenance.

**Community Involvement:** The drive saw active participation from local community members, students, volunteers, and staff members. Awareness campaigns were conducted to encourage participation.

### Execution

The plantation drive commenced at 9:00 AM. Volunteers gathered at the site, and a short briefing session was conducted regarding planting techniques and safety measures. The activity proceeded smoothly with participants digging, planting, and watering the saplings.

## Achievements

- **Number of Plants:** A total of 500 saplings were planted, successfully achieving the target.
- **Volunteer Participation:** Over 100 individuals, including students, community members, and local officials, participated in the drive.

**Community Engagement:** The event fostered a strong sense of community spirit. Local residents expressed their commitment to taking care of the planted saplings.

## Challenges

1. **Weather Conditions:** Despite a forecast of mild weather, unexpected heat posed a challenge. However, sufficient water supply and proper hydration of participants mitigated the impact.

**Resource Management:** Ensuring adequate tools for all volunteers was initially challenging, but was resolved by creating shifts for equipment usage.

## Future Plans

To ensure the success of this plantation drive in the long term:

1. **Maintenance:** Arrangements have been made to monitor the planted saplings for at least the next year, with a focus on watering and protecting them from pests.
2. **Follow-up Drives:** Plans are underway for follow-up plantation drives to continue the momentum towards a greener community.
3. **Community Engagement:** Continued engagement with local residents will help ensure the well-being of the plants.



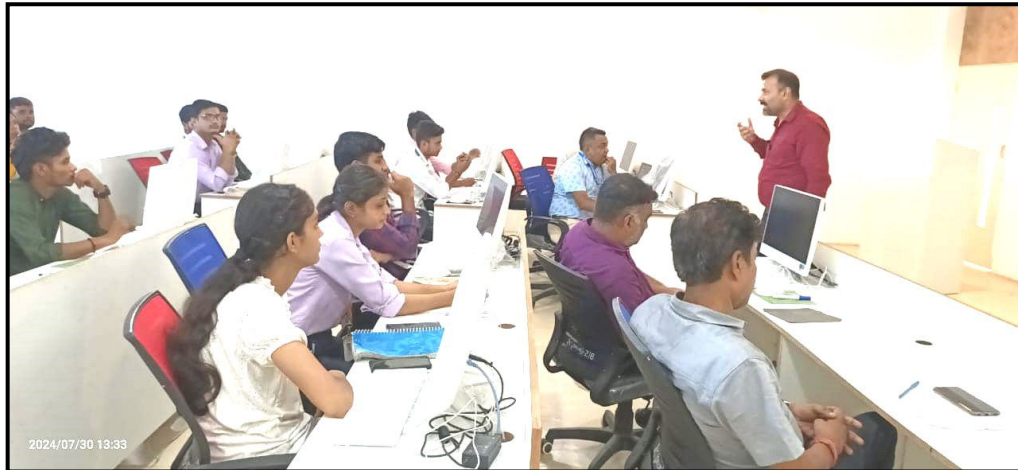
**Chief Guest Mr. Jeevan Kumar MLC, Ara Planting tree**



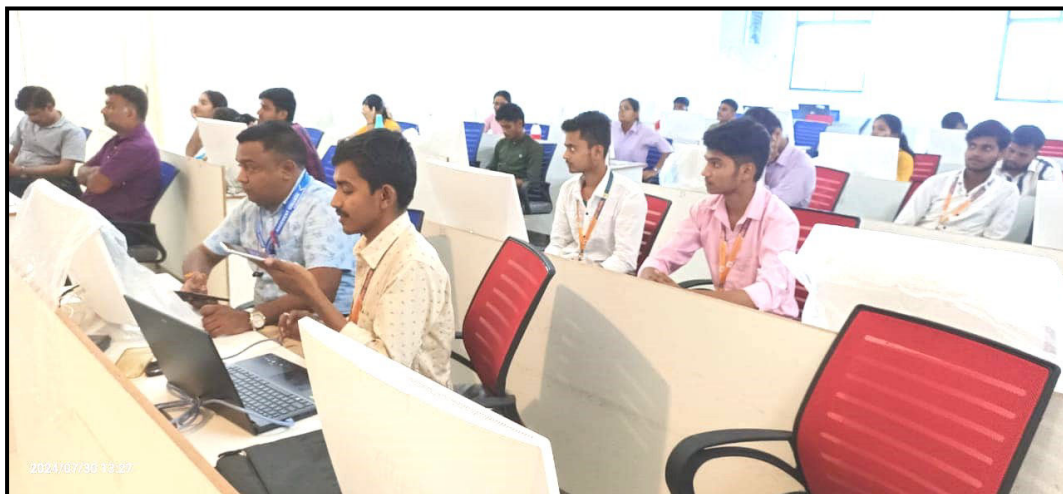
**Chief Guest with JMC students**

## **"Value Proposition Fit and Business Fit "**

The scintillating session was conducted today as on 29 th July 2024 at Jinvani Management College, Ara .The engrossing session unveils the notion and aspects of value proposition and business Fit relevant to current scenario. Resource Person Om Kumar , presented the epitome of business models. The students as well as faculty members will capitalize through enhanced knowledge.



**Prof. Om Kumar taking session on Value Proposition Fit and Business Fit**



**Faculties members and Students attending session on Value Proposition Fit and Business Fit**



## Orientation Programme



**Mr.Siddha Bijay Jain addressing to students**

Orientation has been a tremendous success! Our new MBA, BBA, and BCA students have kicked off their journey with enthusiasm and excitement. From insightful sessions to interactive activities, it was a day filled with inspiration and new connections. As we embark on this new academic year, we look forward to supporting and guiding each of you towards achieving your goals. Welcome to Jinvani Management College—here's to a fantastic year ahead!



**Faculties & Students during orientation programme**



**Guest Speaker during orientation programme**



**MBA 4th Semester student Rahul Kumar sharing his experiences to his fellow junior students**



**MBA 2nd Semester student Anand Kumar sharing his experiences to his fellow junior students**



**BCA 5th Semester student Balajee sharing his experiences to his fellow junior students**



**BCA 5th Semester student Aryan Raj sharing his experiences to his fellow junior students**

## Successful Completion of Day 2 of "Accept Us"

Orientation For BBA, BCA, and MBA Students of Session 2024-25!



**Guest speaker addressing to students on Orientation Program**

Today marks the end of our second day of the "Accept Us" orientation program at Jinvani Management College, Ara, and what an incredible journey it's been so far! Our newest cohort of BBA, BCA, and MBA students has shown tremendous enthusiasm and eagerness to embark on this exciting academic adventure. From engaging ice-breaking sessions to insightful workshops and interactive discussions, Day 2 was filled with moments of inspiration and discovery.



**JMC Students taking part in the event**



**Guest Speaker taking session**



**Prof. Nisha Bharti and JMC students during orientation programme**



**BCA Semester I students with larger paper size in the orientation programme**

A special shout-out to our dedicated faculty and staff who have gone above and beyond to make this orientation a memorable experience. Your commitment and passion are truly what make Jinvani Management College a place of excellence .

To all our new students, we hope you're feeling more connected to your peers, excited about the opportunities ahead, and ready to dive into the vibrant academic community here at Jinvani. Remember, this is just the beginning of a journey that promises growth, learning, and unforgettable experiences.

Stay tuned for more updates as we continue to welcome and support you every step of the way. Here's to the start of an amazing academic year!

## Independence Day

### Celebrating the 78th Independence Day with Pride and Unity!

Today, as we mark the 78th anniversary of our nation's freedom, Jinvani Management College comes together to honor the indomitable spirit of India's struggle for independence.



**Flag Hosting ceremony at Jinvani Management College, Ara**

This day is a reminder of the sacrifices made by countless heroes who dreamed of a free and prosperous India. Their vision and courage paved the way for the vibrant democracy we cherish today. As we unfurl the tricolor and listen to the national anthem, we reflect on the values of unity, integrity, and patriotism that define us as a nation.



**Chairman Sir, Mr. Siddha Bijay Jain (Academic Head), Mr. Suneej Srivastava (Operation Manager), Faculty Members & Students witness the cultural program performed by JMC students**



**Prof. Nisha Bharti with JMC Students**

At Jinvani Management College, we believe in nurturing not only future leaders in business and management but also responsible citizens who contribute positively to society. Today, our faculty, Staff and students unite in a celebration of our shared heritage and aspirations.



**Faculty Members with MBA Semester II students**



**Balajee BCA Semester 5th student anchoring during Independence Day programme.**



**Ujjwal Kumar MBA semester 2nd student delivering speech during Independence Day programme.**



**JMC Students performing dance activity during Independence Day Celebration**





**Aryan Raj BCA Semester 5th student with Guitar sang a song that fill the atmosphere with Independence Day sentiments**

Let us all take a moment to honor the legacy of our freedom fighters and reaffirm our commitment to building a brighter, more inclusive future for all. Here's to a day filled with pride, reflection, and renewed dedication to our country. Jai Hind!



**Aryan Raj BCA Semester 5th students & MBA Semester 1st students giving their performance during Independence Day Celebration**



## Plantation – “A Green Future Begins Today ”

(28-08-2024)

In pursuit to deliver the pure and clean ambient, plantation drive was conducted by our institute **Jinvani Management College, Ara** on **28<sup>th</sup> August 24**, bearing the flag- bearer of Green World with the pledge to take care of the environment and prevent it from natural and man- made hazards.

With the theme – **A Green Future Begins Today**, institute carried out the drive of plantation on large scale around its campus and committed to the safeguard and environment ambient sustainability.

On this pious occasion, the chief guest **Smt. Meena Singh Ex MP**, outlined the importance of clean environment and its protection for the future generation as well as its sustainability. She also took out the pledge in presence of **Dr. Aditya Bijay Jain, Chairperson of JMC, Ara, Dr. Ceipi Jain, Vice-Chairperson , JMC, Ara** and all the students of MBA, BBA and BCA besides teaching faculties and other staff members of the institute .

Students supported their helping hands in the plantation drive and also took participation in sapling and trimming of the existing plants in the campus. The campus wore a greenery colour looks and created an atmosphere of Clean and healthy ambient.



**Chief Guest Smt. Meena Singh (R) Ex MP, Ara and Dr. Ceipi Jain, Vice Chairperson, JMC, Ara (L)**

The auspicious event marked by the massive participation of the students as well as other college members in planting seeds and plantation. Assuring the cleaner and healthy environment.



**Chief Guest Smt. Meena Singh, Ex MP, Ara, Dr. Ceipi Jain, Vice Chairperson, JMC, Ara along with the students of MBA, BBA and BCA**



**BCA Semester 1st Students planting tree**



**MBA Semester 2nd Students planting tree**

A big thank you to everyone who participated in making our campus greener and more beautiful! Together, we're planting the seeds for a healthier planet.



**Prof. Nisha Bharti with BBA Semester 2nd Students during plantation activity**

## **Conclusion**

The plantation drive was a significant step toward promoting environmental conservation and building a greener future. By planting 500 saplings, the event successfully met its target and raised awareness about the importance of environmental preservation. This drive demonstrated how collaborative efforts can lead to meaningful and impactful outcomes, and we are hopeful that the planted saplings will thrive and benefit the community for years to come.

## **Acknowledgments**

We extend our gratitude to all volunteers, local officials, and participants who contributed to the success of this plantation drive .



**Group photograph after the Plantation Activity ( From left Arihant Bijay Jain, Chairperson Dr.Aditya Bijay Jain JMC , Vice-Chairperson JMC Dr. Ceipi Jain & Chief Guest Smt. Meena Singh (R)Ex MP, Ara**

## Debate Competition

### Exciting Highlights from Our Recent Debate Competition!

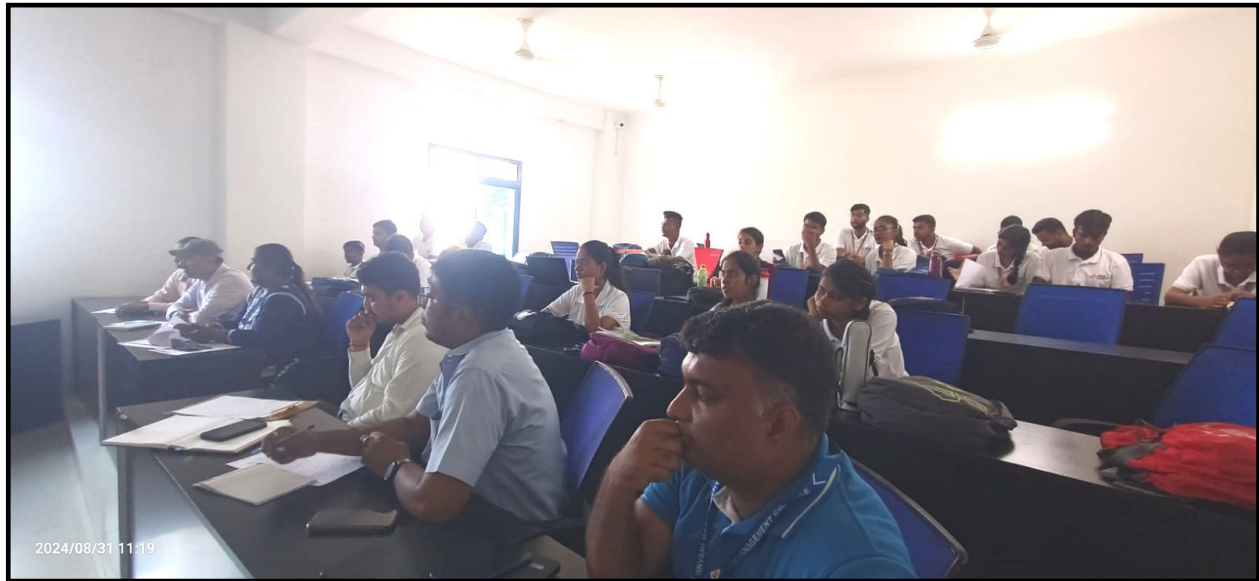
We are thrilled to share the incredible success of the debate competition held at Jinvani Management College! This event was a remarkable showcase of talent, intellect, and persuasive skills, featuring our brilliant BBA, BCA, and MBA



**BBA Semester 2nd students during Debate Competition**

From thought-provoking arguments to insightful rebuttals, our students demonstrated a high level of competence and passion. The competition was fierce, with each participant bringing their unique perspective and critical thinking to the forefront. It was inspiring to see how our future leaders articulated their ideas and engaged in constructive dialogue on a range of pressing topics.

A special thank you to our judges for their valuable insights and to everyone who contributed to making this event a memorable one. Your enthusiasm and support are what make these events so impactful.



**Judges seating in the first row giving their valuable insight during the debate competition**

Congratulations to all the participants for their stellar performances and to our winners for their outstanding achievements! Your dedication and hard work truly shone through, and we couldn't be prouder of each of you.



**Aryan Raj & Yatendra Sharma on the left and Balajee & Ayush Kumar on the right of BCA ,BBA Semester 5th Students during debate competition**



**Sanskriti & Ashish Sah of BBA Semester II students giving their views during the debate competition**



**Anand Kumar, Vedant Pandey & Manish Kumar of MBA Semester 2nd students giving their views during the debate competition**



**From left Kajal Kumari, Pintu Kumar, Sidhant Kumar, Prasant Singh, Anandi Kumar & Md. Taufique of BCA Semester 1st students giving their views during the debate competition**





### A glimpse of Debate Competition held at Jinvani Management College, Ara

Stay tuned for more events and opportunities to showcase your talents and skills. Together, let's continue to foster a spirit of excellence and intellectual curiosity at Jinvani Management College, Ara !

**Conclusion:** Mr. Suneej Srivastava at the end of debate competition up laud the performance of each students and said their will be more session conducted to uplift the student temperament ,thinking ability in diverse situations. He also added that institute will organize different activities in the coming days . Finally, a special thanks to our organizers, audience members, and everyone who contributed to making this event possible. We look forward to many more opportunities to share ideas, foster healthy dialogue, and continue the pursuit of knowledge through debate. Thank you all once again, and congratulations to all for a truly stimulating and enlightening competition. With these words the competition comes to its end.

## **The People Behind JMC Tidings**

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### **Feedback & Suggestions**

We would love to have your feedback, suggestions and valuable inputs. Please feel free to share the same at: **sidhha.jain @jmcara.in +91 7461800856**  
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